

Jr. High Retreat

October 9th - 11th, 2026

ADDRESSES

Veritas Church
509 3rd St. SE, Cedar Rapids, IA

East Iowa Bible Camp
1433 F52 Trail, Deep River, IA 52222

CONTACT LIST

Ian Crosby

515.554.0388

Moses Each

319.440.9036

Tyler Hungate

319.558.9370

GENERAL INFORMATION

Registration will start at 5:00p at Veritas Church on Friday, October 9th. Please enter through the front doors facing *3rd St.* If your child needs to bring medications, please have them packed separately as we will have a staff member at retreat to administer medications. We will provide dinner at the church at 5:00p before loading the buses at 5:45p. Cedar Rapids School buses will be taking us to and from East Iowa Bible Camp in Deep River, IA.

Students will arrive back at Veritas around 12:30P on Sunday, October 11th.

SCHEDULE

Friday:

5:00P Arrive at Veritas
6:00p Leave Veritas
7:00P Arrive at Camp
7:30P Session 1
8:30P Connection Group
9:30P Late Night Activity
10:30P Bed

1:00P Group Activity
2:30P Free Time
5:00P Dinner
6:00P Session 3
7:00P Connection Group
8:00P Late Night Activity
9:00P Fire and Cocoa
10:30P Bed

Saturday:

8:30A Breakfast
9:30A Small Group Bible Time
10:00A Session 2
11:00A Connection Groups
12:00P Lunch

Sunday:

8:30A Breakfast
9:30A Small Group Bible Time
10:00A Session 4
11:30A Leave
12:30P Pick Up at Veritas

PACKING LIST

Definitely Bring:

Clothes

- *Normal clothes and clothes for rec (may get messy)*

Towel

Toiletries

Bible

Notebook

Pen/Pencil

Pillow

Sleeping bag/twin size bedding

Water bottle

Flashlight

Maybe Bring:

Snacks (**NO NUTS**)

Small Games

Camera

Bugspray

Don't Bring:

Phones

*It is highly encouraged to not bring phones or to commit to not being on them unless it's an emergency. Phones are the biggest thing we see keeping students from spending time with one another and with Jesus. All of our leaders will have phones that your kids can use to call if needed and our staff can be contacted any time in case of emergency. A weekend detox from their phones would probably do your child some good too. **If your child HAS to bring their phone, they will only be allowed to use it to call a parent. If it is seen being used for other reasons, it will be taken up by leaders and stored safely.***

Bad Attitude

Video Games

Weapons

Snacks you aren't willing to share with Ian

Drugs/Alcohol/Anything else that would get you arrested